

Pupils learn how to be real-life heroes

ST Peter's School at Wrecclesham its their annual CPR training day on January 30 which was supported by three Surrey mums Carly Redwood, Tamsin Cowman and Katie Blizard who put their skills to the test to save a man's life.

All three, and in particular Tamsin Cowman who administered CPR, were delighted that years five and six would be given the opportunity to learn lifesaving skills and gave their wholehearted support to the event.

Peter Glover from the South East Coast Ambulance service led an assembly on what it takes to be a hero, which brought much excitement as some of the children demonstrated their ideas by wearing superhero costumes.

Peter impressed on the children that all they needed to be a real hero was their hearts, their heads and their hands. The assembly then

took an emotional turn as Tamsin spoke about her recent life-saving actions, and was joined by Vanessa Rickis, the granddaughter of the man she saved.

St Peter's is one of the only schools in Surrey to hold this annual day, which was arranged by Heartstart Farnham Lions and delivered by the South East Coast Ambulance Service. The event was attended by *BBC South Today* which spent the morning filming the demonstrations.

Joanna Michaelides from Heartstart Farnham Lions said: "It was fantastic to have the team from *BBC South Today* in school, to highlight the importance of children learning CPR. We are delighted that St Peter's continues to support us."

To learn how to save a life yourself, contact heartstartfarnhamlions@hotmail.co.uk to enrol in a free two-hour course, held twice monthly on Wednesday evenings.



Jo Michaelides and Keith Aston from Farnham Lions and Peter Glover, manager of South East Coast Ambulance Service with pupils. FD06-02-15